

MONDAY MESSAGE: May 21, 2018

SCHOOL NEWS AND ANNOUNCEMENTS

MHS students chaperone Juan Cabrillo Students at WOLF Camp:



Pictured from left to right are Malibu High students: Maggie Flores, Lourden Berez, Arielle Fox, David Hudson, Josue Garcia, Joseph Nokes, and Victor Scoffie.

These students are doing this for Service Learning hours! W.O.L.F. stands for Wilderness Outdoor Leadership Foundation which promotes self development, esteem building, and scholastic learning. WOLF Camp is a non-profit educational organization that provides unique outdoor education.

Swim Team News: The following boys and girls all competed in the Division 3 CIF Swim Prelims and Finals in Riverside: Nathan Rucker-Jensen, Jack Hughes, Kennan Hotchkiss, Marcel Hurtubise, Amy Perna, Annie Armitage, Kate Pietrzyk and Gaia Hinds. The 4 boys finished in 9th place in the 200 Free Relay and 14th in the 400 free relay. Kennan also finished in 8th place in the 200 Free and 5th place in the 500 Free while Marcel finished in 8th place in the 100 butterfly breaking the school record in the process. Great job by all.

MATH PATHWAYS COMMUNITY MEETING WITH OUR SUPERINTENDENT DR. BEN DRATI - Tuesday, 5pm - 6pm: ALL

There will be a community meeting with our Superintendent on Tuesday, 5pm to 6pm in our Library discussing thoughts and concerns about the current sequencing and scope of the math classes.

PTSA Honorary Service Awards and Brunch on Thursday May 24th at 11 AM: ALL Location: Boys & Girls Club

This is the culminating event of the school year where PTSA honors school and community members for their service to the Malibu community. The incoming PTSA executive board will also be introduced.

From the office of our School Psychologist - May is Mental Health Matters Month:ALL

Learning about mental health promotes understanding, advocacy, and increased access to supports. Malibu High School is dedicated to promoting mental health in our school and in our community.

Did you know half of us will have a mental health challenge over the course of our lifetime? Yet research shows that many people -- particularly young people -- wait a long time to get help due to fears of being labeled or stigmatized. One in five teens and young adults live with a mental health condition, with 50% of them developing by age 14. The fact is with support and appropriate treatment people with mental health challenges can, and do, get better.

Stop the Stigma. Learn how you can start with a 3 question, multiple-choice quiz at:

<http://www.curestigma.org>

Start the Conversation with a tip sheet of what to say to talk openly and honestly with others who need you to listen at:

<https://www.eachmindmatters.org/wp-content/uploads/2017/03/3.-Say-This-Not-That-Tip-Sheet.pdf>

Learn more about Mental Health at:

<https://www.eachmindmatters.org/>
<https://www.nami.org/>

2017-2018 High School Yearbooks on sale NOW: HIGH SCHOOL

High School yearbooks are no longer available on yearbooksforever.com. They will soon be available at the Malibu High School Student Store.

Please have your child listen to announcements, for when they become available.

Middle school Yearbook: Middle School:

The Middle School Yearbooks are here! All pre-paid yearbooks can be picked up outside the Student Store during lunch on Monday May 14th and Tuesday May 15th. The remaining available yearbooks will go on sale for \$50.00 each on Wednesday thru Friday May 16th-18th. After that they will be available in the Student Store while supplies last.



THIS WEEK AT MHS

Monday - Friday: 8th Grade Exit Interviews

Tuesday: CAASPP Science Test for Seniors

Tuesday: Senior Pennant Celebration during lunch

Tuesday: Community Meeting in our Library with our Superintendent - Dr. Ben Drati discussing the thoughts and concerns about the current sequencing and scope of the math classes. 5pm - 6pm

Wednesday: High School Pep Rally

Wednesday: Goals for Graduation

Wednesday: Senior Awards Night

Thursday: 10th Grade Field Trip to the Wende Museum

Thursday: Band Concert

Thursday: PTSA

Friday: Drug Ed event with Jonathan Scott

Friday: Decades Day

Friday: 8th grade Promotion Committee Meeting

PLAN AHEAD

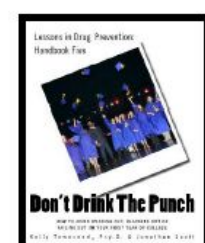
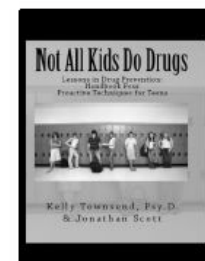
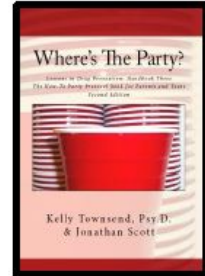
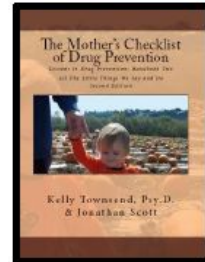
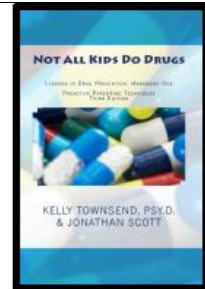
Parent Education: ALL

- MAY 25, MHS Room C19, 9 am to 10:30 am: *Where's the Party* with Jonathan Scott from Miles to go Drug Prevention Education:

Where's The Party

Jonathan Scott
from
**Miles To Go Drug
Prevention Education**

This year's all new presentation will review a systematic outline of the best ways to manage the challenges presented by teenage parties where drugs and alcohol may be present. It will feature a multi-point plan for dealing with party planning and attendance, whether you are throwing a party for teens or sending your teen to a party. This lecture is based on his book Where's The Party, the third in a series of five books about drug prevention based on his student lectures. This presentation is terrific training for the parents of tweens, as well. Also included are the current Drug Fact Updates for the 2017-2018 school year.



COLLEGE AND CAREER CENTER NEWS/COUNSELING

Important dates:

Save the date: May 23 is Senior Awards Night. Invitations for parents went out today. Invites for students will be passed out in class tomorrow, Tuesday, May 8th.

SERVICE LEARNING

ALL SENIORS: Your Naviance account must be updated and complete with at least 80 hours of Service Learning logged in by Friday, June 1st for graduation!!

All other High School Students, as well as hours accrued over the summer by incoming 9th graders, can log in their Naviance hours at any time. Even over the summer!

CSL Honor Students are invited to a pizza luncheon on Wednesday, May 15 during lunch in Mr. Mayle's room, 206. Please come by for pizza and to pick up your Service Learning Honors medallion to wear at graduation!

Please see Ms. Soloway if you have any Service Learning questions or need help navigating Naviance; additionally, Ms. Soloway can be reached at bsoloway@smmusd.org. Her office hours are:

- Monday - Thursday: 11:30am - 2:30pm in room 101B. (same office as the College and Career Counselor).

Students: Please check out the MHS Service Learning Calendar to find Service Learning opportunities. There you will find events for each month that you can click on to find out all the details. This calendar is regularly updated, so please use this handy tool and check it out! Additionally, there is a Community Service Learning bulletin board located outside in the Cafeteria area, where you will find posters, flyers, and other pertinent Service Learning information. You can access the calendar by going to the MHS Website Homepage:

- Go to: MHS STUDENT LIFE > COMMUNITY SERVICE LEARNING > CSL CALENDAR

SERVICE LEARNING OPPORTUNITIES: HIGH SCHOOL

Stop the Traffick Club will be having a speaker come to the MHS Library on Wednesday, May 30th during Support period to discuss human trafficking, how to stay safe, and how to recognize the signs. Students will receive an hour of Service Learning by attending this event.

Baja Build The second Baja Build of the school year is happening the weekend of May 27 - May 28. Get 24 hours of Community Service by attending this weekend event in Mexico. Please go to Malibu Presbyterian's website for all the information to join this overnight trip and to register. <http://www.malibupres.org/baja>.

Cars and Coffee is an ongoing event and happens every 2nd and 4th Sunday of each month at Malibu Bluffs Park from 7:00 am - 9:00 am. Help with directing cars in the parking lot, set-up, clean-up, and taking photos. Please register with the City of Malibu, malibucity.org/volunteer.

Every first Friday of each month come volunteer at the Topanga Community Center to help serve dinner to The Sage Senior citizens. Come help from 2:30 pm - 5:30 pm to set up, prep

food, serve food and beverages, socialize with Seniors, and help and clean up. Topanga Community Center, 1440 N. Topanga Cyn. Blvd., Topanga 90290. For more information please contact: Karen Dannenbaum: 310-738-0100 or see Ms. Soloway.

Hand in Hand is an ongoing event that happens every Thursday during the School Year. You may come any Thursday from 4:00 pm - 5:30 pm at the Malibu Jewish Center & Synagogue, 24855 Pacific Coast Highway. Hand in Hand is an after school inclusion program. Be a peer buddy for teens and young adults with special needs. Join them for cooking, crafts, music, games, yoga, etc. It's something different each week. For more info contact: Janet Ettenger at yocheved57@aol.com or call 310-435-6543.

COMMUNITY NEWS

SMMUSD Sustainability Steering Committee:ALL

The Steering Committee will not be meeting on Wednesday, May 30th. Instead, please join us at the rescheduled Malibu schools Sustainability Charrette:

Date: Wednesday, May 30, 2018

Time: 3:30-5:00 pm

Location: Malibu Middle HS (MMHS) Library

The SMMUSD Sustainability Steering Committee meetings will occur every third Wednesday from 3:30-4:30 PM in the SMMUSD Facility Improvement Projects office.

Members unable to attend in person are encouraged to join via conference call:

SMMUSD Sustainability Steering Committee

Please join my meeting from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/199039917>

You can also dial in using your phone.

United States: +1 (646) 749-3112

Access Code: 199-039-917

Joining from a video-conferencing room or system?

Dial: 67.217.95.2##199039917

Cisco devices: 199039917@67.217.95.2<mailto:199039917@67.217.95.2>

First GoToMeeting? Let's do a quick system check: <https://link.gotomeeting.com/system-check>

Calling all students! Caffe Luxxe Malibu is now hiring part-time temporary staff for the summer season. Motivated beginners welcome! Gain valuable hands-on work experience right here in beautiful Malibu. Minimum commitment of 3 days a week. Apply online at:

<https://www.caffeluxxe.com/page/employment>

Caffe Luxxe


22333 Pacific Coast Highway, Malibu CA 90265 (Carbon Beach)

2018 Summer S.T.E.M. Workshops at the Boys and Girls Club:

2018 S.T.E.M. Workshops Summer Science Exploration


S.T.E.M. Workshops will explore FUNDamental concepts in science, technology, engineering and mathematics. Each workshop is designed to allow participants to gain valuable knowledge and confidence in the basics of many STEM fields.

SESSION OPTIONS
Session #1 June 18 - 22
Session #2 June 25 - 29
Session #3 July 2 - 6



COST per week
Club Members:
FREE
Non-Members: \$199


WORKSHOP OPTIONS
Morning Workshop: 9:00 a.m. – 11:00 a.m.
Lunch: 11:00a.m. – 11:30 a.m.
Afternoon Workshop: 11:30 a.m. – 1:30 p.m.



Session #1: Nanoscience
Learn how understanding chemistry and physics at the nanoscale allows humans to produce new useful materials. Makey Makeys and solar cells made from raspberry juice will be some of the projects that will bring these ideas to life.

Session #2: Rockets and Making Things Move
Make things move and launch with simple machines, motors and pressure. We will make them move on land, across the sky and in water.

Session #3: Robotics and Coding
Learn how to make objects structurally sound and the basics of coding. Participants will build and program an autonomous robot using VEX and Lego Robotics kits.



For more information please contact the Boys and Girls Club:

<http://bgcmalibu.org/contact-us/>

Wellness Center at the Boys and Girls Club: ALL

It's a New Year at the Wellness Center! We have new group and class offerings, a larger staff of clinicians and a great new facility. We opened our doors this past Fall, hoping to help students at all four campuses of the Malibu public schools. Increasing feelings of anxiety, depression, hopelessness, and family conflict is experienced by many of our students. Here is a list of some of the free programs we have at the Wellness Center to help right here on campus, during or after the school day:

Wellness Center at the Club

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One on one counseling: Clinicians are available to meet with students and their families one on one. Academic counselors, teachers and administrators may suggest a referral to the Wellness Center or students and families can make a request to see someone. Our clinicians are masters and doctoral level students or interns. All clinicians receive excellent training and supervision.

Groups: Three groups are housed at the Wellness Center

Brent's Club is a program focused on prevention and intervention around drug and alcohol use. Our "Invitation Only" group meets on both Thursdays and Fridays, requiring a referral . We also have a Prevention Group on Fridays after school which is incentivized and includes field trips and experiences. Our Prevention Group is open to grades 8-12 and requires Club Membership.

SMART Girls has been a favorite group for girls who enjoy support, self-esteem building, social skills and life skills. New middle school and high school groups are beginning in February and requires Club membership.

Problem Solvers is a creative group aimed at the middle school boy. This group meets after school on Thursdays. This group requires a Club membership

Wellness in the Classroom: Look for our clinicians in the classrooms as we help integrate social, emotional and mental health issues into the academic curriculum. You may find our clinicians at an athletic, drama or music practice helping kids with performance anxiety and relaxation.

Wellness at the Club: The Wellness Center is housed at the Boys & Girls Club and is open to any student who might like to belong. New class offerings this semester involve Mindfulness workshops and Yoga (Yoga requires Club membership.)

For further information, please feel free to contact

Dr. Charlene Underhill Miller
Director of the Wellness Center
Boys and Girls Club of Malibu
charleneunderhillmiller@bgcm.org

Brent's Club - Drug Prevention and Intervention Group: ALL

Brent's Club Topics Include Coping with Stress, Social & Emotional Wellness, Drug & Alcohol Prevention and Education, Life Skills, College & Career Goals:

Brent's Club
At the Wellness Center

Thursdays by Invitation Only
 High School lunch
 Beginning January 18

Fridays all Invited
 After school
 Beginning January 19

Brent's Club Topics Include
 Coping with Stress, Social & Emotional Wellness,
 Drug & Alcohol Prevention and Education, Life Skills,
 College & Career Goals

Brent's Club is an alcohol and drug awareness and
 prevention incentive-program

Boys and Girls Club Teen Center
 Thursdays for "Invitation Only" at high school lunch
 Fridays at 1:00 for all interested

RSVP
 Charlene Underhill Miller, PhD, Director of The Wellness Center
 Boys and Girls Club Malibu
 charleneunderhillmiller@bgcmalibu.org
 (310 691-6523)

SCHOOL CALENDAR

Date	Event
May 21 - May 25	8th Grade Exit Interviews
May 22	CAASPP Science Test for Seniors
May 22	Solo Small Ensemble Concert
May 22	Senior Pennant Celebration During Lunch
May 22	Math Pathways Meeting with Superintendent: Dr. Ben Drati
May 23	High School Pep Rally
May 23	Goals for Graduation

May 23	Senior Awards Night
May 24	10th Grade Field Trip to Wende Museum
May 24	Band Concert
May 24	PTSA
May 25	Drug Ed event with Jonathan Scott
May 25	Decades Day
May 25	8th Grade Promotion Committee Meeting
May 28	Memorial Day
May 29	Fresh Start Meeting
May 30	Choir After-School Rehearsal
May 31	Choir Spring Concert
June 2	SAT not at MHS

MONDAY MESSAGE: ALL

The Monday Message is a weekly email created for parents and includes school news, announcements, a calendar and details about upcoming events. The Monday Message is sent via email to all parents on Monday mornings and posted online at http://malibuhigh.org/news_monday_message. If you are not receiving this message via email, please contact Laurie Morgan at lmorgan@smmusd.org to be added to our mailing list. We are always looking for ways to improve school-to-home communication. If you have any suggestions and/or would like something included in the Monday Message, please email Nauman Zaidi at Nzaidi@smmusd.org. We welcome items from staff, students, parents and the wider Malibu community.

MHS ONLINE DIRECTORY: ALL

SECURE, Automated Directory for MHS Families, Faculty and Staff. This online directory is available from your home computer and your smartphone via the app *My School Anywhere*. Stay connected to other MHS families and faculty via online and your phone. *Access to the directory will be granted ONLY to MHS Parents, Faculty and Staff*. Click on the link below to add your information. You choose what information you want to input and display. If any contact info changes throughout the school year, just log on and update your information as needed. Once your information has been accepted and confirmed you will be sent a separate link and

temporary password to access the directory. Any questions please contact Ali Thonson at athonson@mac.com. JOIN TODAY!!! [Online Student/Staff Directory](#)

MHS - Maturity - Humanity - Scholarship